

HELENA ROMANES SCHOOL

PE Newsletter - May 2025

Updates on all sporting events



Special mentions -



Congratulations to Jessica winning the county cup

A huge congratulations to Jessica for her incredible achievement in helping Essex County secure victory in the Football County Cup final against Surrey, held at Dorking Wanderers Stadium.

Jessica played a key role throughout the tournament in helping Essex reach the final, showcasing outstanding skill and dedication at the U16 level, despite playing a year above her age group. This is a true testament to her talent, work ethic, and passion for the game.

We are immensely proud of Jessica and her contributions to the team. Her success on the pitch is just the beginning, and we look forward to following her journey and supporting her continued development in football.

Well done, Jessica!

Congratulations to Callum on his Outstanding Achievements!



Helena Romanes would like to extend heartfelt congratulations to Callum for his incredible dedication and success over the past two weekends, which saw him travel to Norwich and Luton to compete at a high level.

Callum qualified for the East Regional Championships in the 50m, 100m, and 200m breaststroke – no small feat, as the qualifying times are extremely demanding. Competing against the fastest swimmers from six counties across the region, Callum rose to the challenge with determination and focus.

A particular highlight was his performance in the 100m breaststroke, where he not only made it to the finals but entered as the 3rd fastest qualifier. In an exciting and closely contested race, he narrowly missed out on a medal by just 0.4 seconds, finishing 5th overall in the region for 13-year-old boys which is an exceptional result.

Adding to his achievements, Callum has now also qualified for the prestigious Winter Championships.

We are extremely proud of Callum and everything he has accomplished. His hard work and commitment are truly inspiring.





Congratulations to our Essex county cup winner Danny

We are incredibly proud to announce that our very own Danny has been selected to represent Essex County Football at Under-14 level which is a fantastic achievement that reflects both his talent and dedication.

Danny has been an instrumental part of the Essex squad since the start of the academic year, showing consistent commitment and skill throughout the season. His efforts culminated in a truly memorable moment as he helped lead Essex to a 4-0 victory over Manchester County in the final, held at

Stoke City's stadium, a thrilling performance on a big stage!

Please join us in congratulating Danny when you see him around school. This is a significant milestone in his football journey, and we're excited to follow his progress in the years to come.

Well done, Danny – we're all cheering you on! 🏆👏